# All About Highland Dance





#### SQRCHDI Workshop 2019

Presented by Sarah Palfrey With thanks to Felicity Gollan and Amy Roach



\* Put your hand up if....



- 1. You have a child who is a highland dancer?
- 2. Your child has been dancing for 1-2 years
- 3. Your child has been dancing for 2-5 years
- 4. You are an experienced Highland Dance parent?

### Rules, rules, rules!

#### \* Dress code

https://www.sobhd.net/index.php?uamfiletype=attachment&uamgetfile=2017/11/ Dress-Code\_Oct-2017.pdf

#### \* Dress code with photos

https://www.sobhd.net/wp-content/uploads/2017/11/SOBHD-Dress-Code-10.11.17.pdf



### Additional rules

- \* Hair no visible hair adornments
- Makeup no glitter or theatrical makeup (eg. fake eyelashes)
- Dressing rooms should be used and dancers should be fully, appropriately and respectably dressed in public at competitions (ie no bras or crop tops to be shown)
- \* Medical tights allowed with medical certificate
- \* Jewellery no jewellery except medical alert bracelet or wedding ring

### Penalties

"Only in extreme circumstances of non-compliance of the Dress Code should any penalty be applied. The Maximum penalty would be minus 5 marks."

Beginner – Novíce

A deduction of 5 marks should be made for the following:

\* Heel of shoe coming off or shoelaces coming undone

Disqualification should result from:

Shoe coming off

### Penalties

### Intermedíate

A deduction of 5 marks should be made for the following:

- Hose coming down
- Part of Shoe coming off
- Lace coming undone
- \* Any part of attire falling off
- \* Not wearing a hat for Sailors Hornpipe
- \* Male not wearing a hat for Highland/Scottish National
- \* Not wearing socks for Sailor's Hornpipe
- \* Wearing tights under hose/socks for Highland/Scottish National

Disqualification should result from:

- \* Shoe coming off
- \* Not wearing Jig Shoes in Irish Jig Competition

### Penalties

Premíer

A deduction of 5 marks should be made for the following:

- \* Hose coming down
- \* Any part of attire falling off
- \* Not wearing a hat for Sailors Hornpipe
- \* Male not wearing a hat for Highland/Scottish National
- \* Not wearing socks for Sailor's Hornpipe
- \* Wearing tights under hose/socks for Highland/Scottish National

#### Disqualification should result from:

- \* Shoe or part of shoe coming off
- \* Lace coming undone
- \* Not wearing Jig shoes in Irish Jig Competition

### For competition: Yes or No?

- \* Frilly white socks NO
- \* Wearing a watch NO
- \* Hair out NO
- \* Coloured pumps NO
- \* Hair adornments NO
- \* Tights under hose (socks) NO
- \* Kilt pin NO (for girls) ALLOWED (for boys)

### Practical session

- \* How to wear the kilt properly
- \* Competition number
- \* Highland pumps
- \* Aboyne plaid
- \* "Double gartering"
- \* Hair





Image: https://www.cowalgathering.com



### Where to buy costumes\*

#### Highland Dance Wear Buy, Sell and Swap Australia Only

• Facebook: Public Group

### Scottish Highland Kilts & Costumes (hire available)

• Facebook:

@scottishhighlandkiltsandcostumes

#### Wiltshire Highland Wear

<u>www.wiltshirehw.com.au</u>

#### Highland Dance Shop

- Facebook: @HighlandDanceShop
- Web: www.highlanddanceshop.com

#### **Highland X Press**

- Facebook: @HighlandXPress
- Web: www.shophighlandxpress.com

#### McFarland's Down Under the Kilt

• Web: www.downunderthekilt.com

#### Tartantown

- Facebook: @TartantownLtd
- Web: <u>www.tartantown.com</u>

#### **Bonnie Tartan**

- Facebook: @BonnieTartan
- Web: <u>www.bonnietartan.com</u>

#### Celtic Dance Supplies Australia

- Facebook: @celticdancesupplies
- Web: <u>www.celticdancesupplies.com.au</u>

#### Posh Bibs

• Facebook: @poshbibs

\*Please note this list is not exhaustive and all suppliers have given permission to be included

### Hot tips for costumes

Handy items...

- Dream duffle / costume roller / large suitcase
- Garment rack
- Suit bags
- Ostume checklist
- Apron
- Extra bits and bobs safety pins, needle and thread, spare items





## Thank you! Any questions?