

ALL ABOUT HIGHLAND DANCE

Parent Information Session



Presented by Sarah Palfrey
SQRCHDI Workshop 2019

What we will cover...

Why Highland Dance?

Where we fit

Registration

Categories & Progressing through the Levels

Dances

Recreational Highland Dance

Competitive Highland Dance

Championships and Premierships

Travelling

Code of Ethics

Costumes / Dress Code (briefly)

Useful links

Quick survey

Put your hand up if....



1. You have a child who is a highland dancer
2. Your child has been dancing for 1-2 years
3. Your child has been dancing for 2-5 years
4. You are an experienced Highland Dance parent

Why Highland Dance?



For social development, fun and friendship



For motor development



For organisational skills

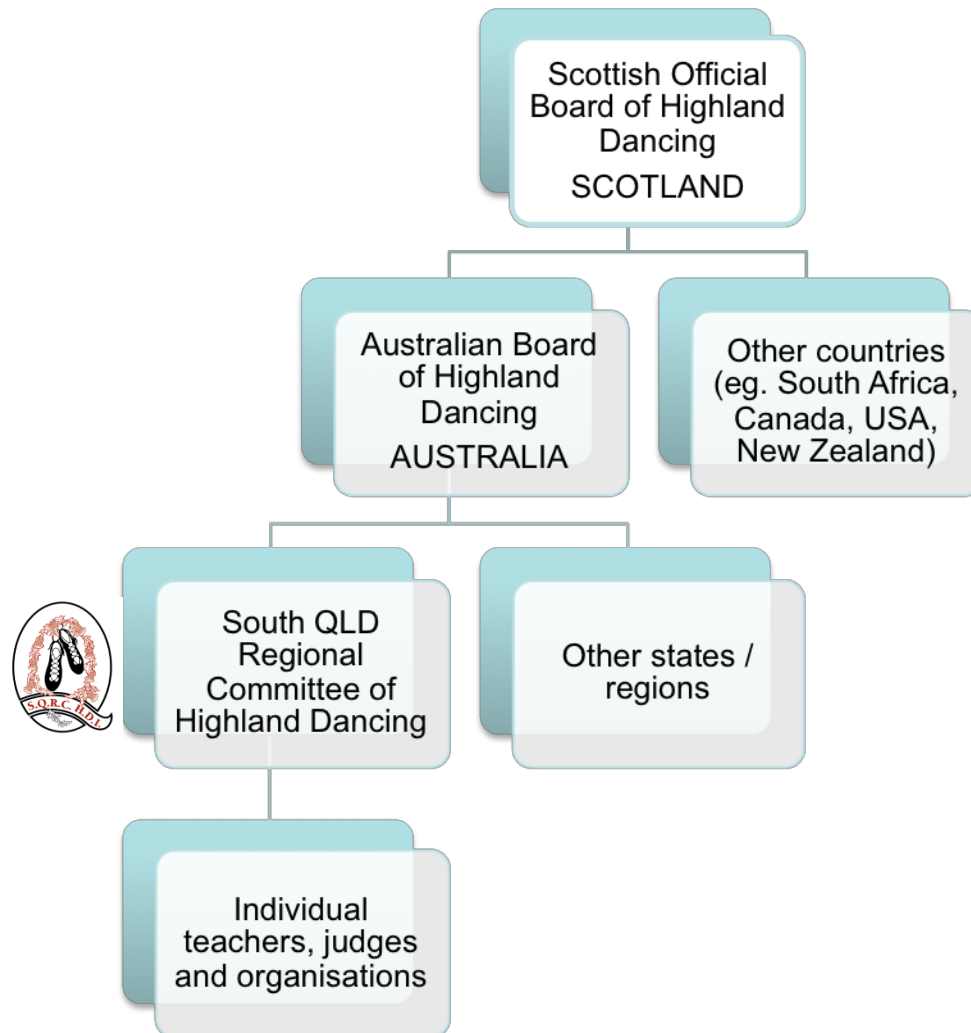


For confidence



For fitness

Where we fit



Registration

- Every year
- What you need:
 - Form, signed by teacher
 - \$50 year / \$35 half year
 - Photos
 - Stamped envelope
 - Birth certificate (once only)
- If you change levels during the year, you don't need to pay again.
- Your registration includes insurance
- Bring your rego card to EVERY competition
- Find more info here:
<http://www.sqrchdi.com/reg.php>



AUSTRALIAN BOARD OF HIGHLAND DANCING INC.
www.abhdil.asn.au

under the auspices of
THE SCOTTISH OFFICIAL BOARD OF HIGHLAND DANCING

Application for Registration as a Competition Dancer in the
BEGINNERS CATEGORY

Send to:- Home State/Regional Dancers' Registrar
SQRCHDI, Mrs Glenys Hughes
PO Box 1245, Roma QLD 4455

PLEASE PRINT IN BLOCK CAPITALS

Surname _____
First Names _____
Permanent Address _____
Postcode _____
Telephone No. _____ e-mail address _____
Date of Birth _____
(To be verified on initial registration via submission of a copy of an official document showing date of birth (e.g. birth certificate, passport))
Teacher's Signature _____
Teacher's Name (please print clearly) _____
Address _____
Postcode _____
Telephone No. _____ e-mail address _____

I enclose 2 passport photographs and the registration fee and levy of \$50.00 and agree to abide by the Rules and Regulations of the ABHD/SOBHD. Allow one month for processing card (& return **Primary Card** if applicable).

Cheques and/or Money Orders should be made payable to: SQRCHDI
Direct Debit details: Bank: Bank of Queensland
BSB: 124-089
A/C No: 22077546
A/C Name: South Qld Reg Committee of Highland Dancing Inc
Reference: please include the dancer's name

Please enclose a stamped addressed envelope for return of card

It is accepted that this information may be stored by the relevant State/Regional Committee on a computer system.

Signature (Parent or Guardian if under 16) _____
Date _____

Registered Dancers taking part in un-registered Competitions and/or providing incorrect information will incur a six-month penalty. During this period they will not be accepted as eligible to enter any registered competition.

For Office Use ONLY:
Competitor's Registration Number _____ Date of First Beginner's Competition _____

Year of registration	Date of Birth verification
<input type="text"/>	<input type="text"/>

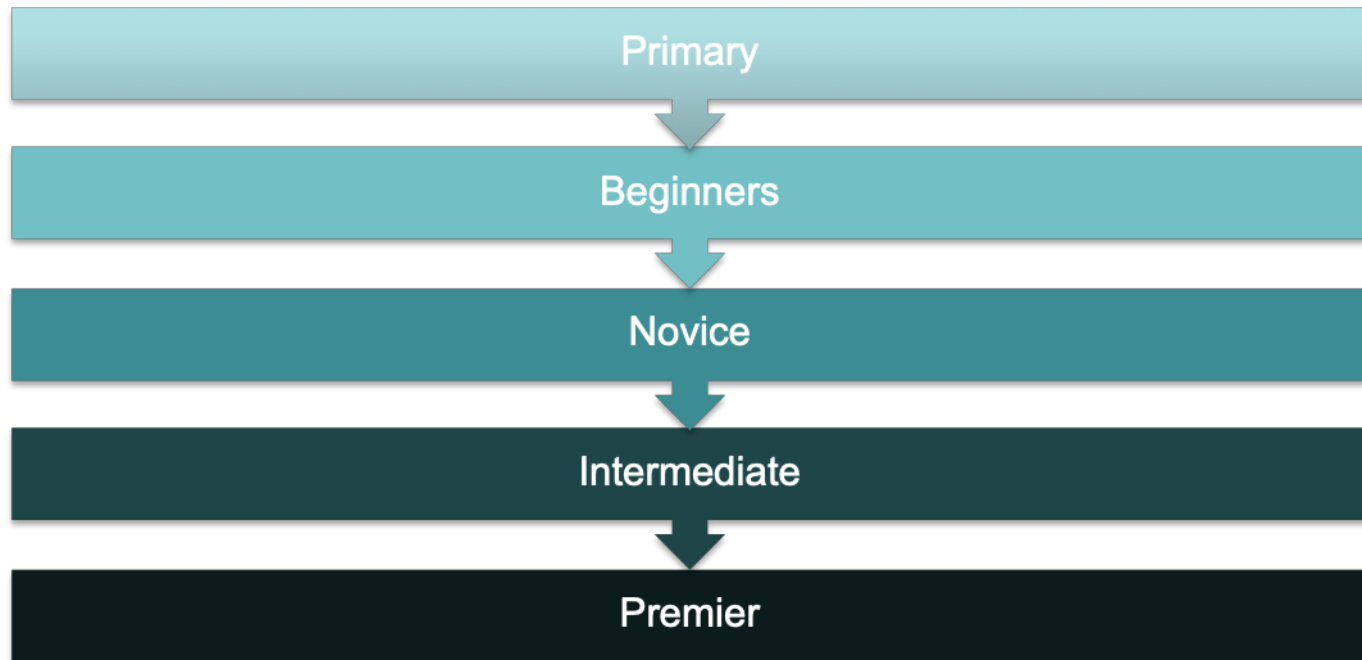
Date of making Beginner's Squares

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
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Registration cards



Categories & Progressing Through the Levels



Categories & Progressing Through the Levels

- Primary
 - Designed to introduce our youngest dancers
 - Stay until 7th Birthday
 - Can progress to next level earlier than 7 years



Categories & Progressing Through the Levels

- Beginners
 - Held until the dancer...
 - a) Gains a 1st, 2nd or 3rd in the Fling, Swords, Seann Triubhas or Reel in SIX separate competitions OR
 - b) Until 12 months following first Beginner stamp, whichever is the later.



If you enter and dance in a more advanced category, you are unable to return to the previous category (even though you might not have received a prize)

Categories & Progressing Through the Levels

- Novice
 - Held until the dancer...
 - a) Gains a 1st, 2nd or 3rd **in any dance** in SIX separate competitions OR
 - b) Until 12 months following first Novice stamp, whichever is the later.



Categories & Progressing Through the Levels

- Intermediate
 - Held until the dancer...
 - a) Gains a 1st, 2nd or 3rd in any dance in SIX separate competitions OR
 - b) Until 12 months following first Intermediate stamp, whichever is the later.



Categories & Progressing Through the Levels

- Premier
 - Most advanced category
 - No squares
 - Premier (with Restriction):
be sure to read the rules that relate to the restriction.



Dances

Dance	Primary	Beginner / Novice	Intermediate	Premier
Pas de Basques	✓			
Pas de Basques & High Cuts	✓			
Highland Fling	✓	✓	✓	✓
Sword Dance	✓	✓	✓	✓
Seann Triubhas		✓	✓	✓
Strathspey & Highland Reel		✓	✓	✓
Tulloch / Hullachan		✓	✓	✓
Scottish Lilt		✓	✓	✓
Flora MacDonald's Fancy		✓	✓	✓
Highland Laddie			✓	✓
Barracks Johnnie			✓	✓
Irish Jig			✓	✓
Sailor's Hornpipe			✓	✓
Blue Bonnets				✓
Village Maid				✓
Earl of Errol				✓
Scotch Measure				✓
Cake-walk				✓
Broadsword				✓
Highland Reel Teams				✓
Choreography	✓	✓	✓	✓

Recreational Highland Dance

- Highland Dancing can give you the opportunity to perform on many platforms, from local and community events to major stage productions and International Tattoos...



<http://www.sgapipeband.com/Gallery>

Recreational Highland Dance

.....OR just dance for fun and fitness!

Have you heard about Highland Hustle?

<https://www.youtube.com/watch?v=wBzqnT7htw4>



<http://highlandhustle.com/find-a-class/>

Examinations

- Can be an exciting and rewarding experience!
- Dancers learn to participate in an exam situation which can prepare them for other similar life experiences.
- Exams allow the opportunity for dancers to have their technique independently critiqued.
- The ultimate goal is to progress through the levels and attain a professional Teachers, Examiners or even Adjudicators qualification.
- There are a variety of organisations who conduct examinations, your teacher will be affiliated with one of them.



Competitive Highland Dance

- Why compete?

Experts say that healthy competition can help kids learn things they'll use for the rest of their lives. Skills such as:

- How to be a good loser
- How to be a good winner
- How to give your best (training and competition)
- How to work for a long-term goal
- How almost everything you do in life improves with practice.

“Hard work beats talent when talent doesn't work hard”

How competitions work ...and some helpful tips!

Entering a competition

- Your teacher will talk with you about when your child is ready to begin competing.
- There may be a process for entering competitions in your studio – best to check with your teacher.
- Competition schedules are usually available online, or via email from your teacher.
- For local comps, you can find them here:
<http://www.sqrchdi.com/competitions.php>
- Read the schedule carefully, and make sure you enter into the correct category.

How competitions work ...and some helpful tips!

On the day of the competition

- Arrive in plenty of time, as sometimes the competition is running early (though they won't start early unless everyone has arrived).
- Register your dancer at the official table with their registration card and get their competition number.
- Check the program to see which section they are in.
- Get dressed and listen for the section to be called.
- When called, line up at the marshalling area and the marshal will check everyone in.
- Dance your best and don't forget to smile!!!

How competitions work ...and some helpful tips!

- After everyone in the section has danced, the judge will make their decision. The marks will be scrutineered and prizes will be awarded.
- If you are in Beginners, Novice or Intermediate, your rego card will be marked if you place in the relevant dances. You might get this back right away, or you might get it back at the end of the day. Always make sure you have it before you leave.
- ***TOP TIP*** Parents – take your own food OR be prepared with plenty of cash...you will need it for the canteen!



Judging

Did you know?

- Judges are not allowed to judge their own relatives, students, or students of relatives.
- Dancers must wait 3 months before they can dance in front of a judge who has taught them.

How do judges arrive at their decision?

- Dancers are given a mark out of 100.
- Marks are awarded for Timing, Technique and General Department.
- The dancer with the highest mark is the winner.
- The judges decision is final.
- Judges marks are never given out.

Titles and Aggregates

- A combining of results of two or more dances for an overall award.
- Points are awarded as follows:
 - 1st: 137 points
 - 2nd: 91 points
 - 3rd: 71 points
 - 4th: 53 points
 - 5th: 37 points
 - 6th: 23 points

Example

Number	Fling	Sword	Lilt	Points	Overall Placing
101	1st		1st	274	2nd
102		3rd	3rd	142	3rd
103	2nd	1st	2nd	319	1st
104	3rd			71	
105		2nd		91	

Championships & National Premierships

- The pinnacle of competitive highland dancing
- Premier only
- Championship – 4 dances – Highland Fling, Sword Dance, Seann Triubhas, Reel
- National Premiership – 4 national dances – change each year
- “Set” steps – everyone does the same steps
- Three judges for each dance



Image: <https://www.sobhd.net/news/>

Awards & Presentations



- If your dancer is awarded a prize to be presented on stage, they must be wearing their kilt or national costume.
- For Championships, they must be wearing their kilt.

Travelling

- Highland Dancing competitions are offered in most states/territories across Australia.
- You can also find a competition in many parts of the world.
- It's a great excuse to take a holiday!
- Meet highland dancers from other places, you'll have friends for life.



Travelling

- For details of competitions, talk to your teacher or try these websites:
 - <http://www.sqrchdi.com/competitions.php>
 - http://www.nswhighlanddancing.com.au/competition_nsw.html
 - <http://www.vschdi.org.au/index.php?id=entry-forms>
 - <http://www.scots-sa.org.au/DANCE/Events/SASCHDI-2019-yearly-calendar.pdf>
 - <https://wamrchdi.webs.com/competitionlistforms.htm>
 - <http://www.toeandheel.com>

Code of Ethics

- http://www.sqrchdi.com/Id/Teachers_Code_of_Ethics.pdf
- Social media – please be mindful of anything you post online



Getting involved

- Please consider volunteering at fundraising events, we appreciate your support.
- Working at dancing competitions – learn the tricks of the trade at our annual Organisers' meeting and scrutineering training.
- Blue Cards (working with children checks) – required if you are not a parent of a child participating in the activity. For further exemptions and information, see the following:

<https://www.bluecard.qld.gov.au/volunteers/Sportandactivererecreation.html>

Costumes & Dress Code

- Dress code

https://www.sobhd.net/index.php?uamfiletype=attachment&uamgetfile=2017/11/Dress-Code_Oct-2017.pdf

- Dress code with photos

<https://www.sobhd.net/wp-content/uploads/2017/11/SOBHD-Dress-Code-10.11.17.pdf>

- Join us TOMORROW at 10am for a detailed session on Costumes!

Further information

1. Your dance teacher
2. www.sqrchdi.com
3. Highland Dance - South Queensland
Facebook page:

@highlanddancesouthqueensland